

# 10 STEPS

## TO MANAGING SUSPECTED SEXUAL ABUSE CASE OF A DISABLED FAMILY MEMBER

- 1. Know and believe that abuse can happen to your loved one.
- 2. Become familiar with the signs of abuse.
- 3. When you suspect something is wrong honor your feelings and take action immediately.
- 4. When you suspect abuse, call Protective Services Agency and the police.
- 5. Contact your local Sexual Assault advocacy organization.
- 6. Do not discuss your suspicions with anyone at the program and remove your loved one.
- 7. Take your loved one to an emergency room. Do not shower.
- 8. Know your rights. Seek an attorney.
- 9. Create a document in which you write all your activities.
- 10. Get a police report and copy of your loved one's case file with support organization.

